

# Think CLAYTON. Think Recreation.

**Programming is back at the Clayton Community Center!  
September 2020**

For our safety and yours, we've modified our programming to offer outdoor, socially-distanced classes with a limited number of participants.

Participants must bring a mask for when social distancing is not possible.

Temperatures and a health screening will be required prior to each class.

## Clayton Parks and Recreation Facilities

### What's open?

- Greenways, trails and open space in our parks
- Restrooms in our parks
- Picnic shelters and ballfields by reservation

Call 919-553-1550

- East Clayton Dog Park

### What's closed?

- All Town of Clayton playgrounds
- The Clayton Community Center

All closures are in accordance with Executive Orders from the N.C. Governor's Office

# OUTDOOR GROUP FITNESS

## **Burnmaxx Boot Camp**

Ages 18 & up. An interval training class that mixes calisthenics and body weight exercises with cardio and strength training. With a new workout every week, these classes are designed to push you harder than you would push yourself! No equipment will be provided. If you would like to add resistance to your workout please bring your own hand weights. Instructor: Terri Needham.

Tues. 8:30 - 9:00 a.m. 9/1 - 9/29

Resident: \$10, Non-Resident: \$15

## **Dance Movers**

Ages 16 & up. Join Shauna for a fun hybrid of two of her most popular classes: DanceOFF and Mature Movers. All ages will enjoy this aerobic cardio class packed with dancing, strength and stability exercises. No equipment will be provided. If you would like to add resistance to your workout we recommend bringing your own 3 lb. or less hand weights. Instructor: Shauna Ingram.

Tues. 9:30 - 10:30 a.m. 9/1 - 9/29

Residents: \$15, Non-Residents: \$22.50

## **ZUMBA®**

Ages 16 & up. Zumba Fitness combines popular music and traditional rhythms from around the world with easy-to-follow moves for a one-of-a-kind dance fitness class! Get a taste of Reggaeton, Salsa, Soca, Dancehall, Merengue, Afrobeats, Cumbia, Samba, Bachata, Zouk, Bhangra, Tahitian, and African Dance all in one hour. Instructor: Gretchen Warren.

Tues. 6:30 - 7:30 p.m. 9/1 - 9/29

Residents: \$15, Non-Residents: \$22.50

## **Tai Chi Ch'uan**

Ages 18 & up. Try the unique experience of Tai Chi, the practice of posture, breath, and movement to affect your chi or the intrinsic energy in each of us. The low impact nature of this practice makes it an ideal class for seniors. Tennis shoes are recommended. Instructor: Michael Liaudatis.

Thurs. 9:30 - 10:30 a.m. 9/3 - 9/24

Residents: \$15, Non-Residents: \$22.50

## **Beginner Line Dancing**

Ages 16 & up. Learn to line dance in a fun and relaxed atmosphere. This class is designed for those new to line dancing. We will cover the terminology of basic steps. Sessions will begin with 1-wall (no turning) dances and slowly progress to simple 4-wall dances. This form of dance requires no partner and is a great way to exercise your mind and body. Tennis shoes are recommended. Instructor Teresa VonCannon. \*No Class 9/24

Thurs. 11:00 a.m. - 12:00 p.m. 9/3 - 9/17\*

Residents: \$15, Non-Residents: \$22.50

## **Slow Flow Yoga**

Ages 16 & up. This slow-paced yoga class connects breath and movement for a mindful and gentle practice that focuses on stretching and relaxation. Participants must bring their own mat, a blanket is recommended. Instructor: Ariella Anderson

Thurs. 6:30 - 7:30 p.m. 9/3 - 9/24

Residents: \$15, Non-Residents: \$22.50

## What are we doing to keep you safe?

- All fitness classes will take place outside, under a covered awning.
- Advanced registration is required, no drop-ins will be accepted.
- No equipment will be provided - you are welcome to bring your own.
- Drop-in childcare is not provided at this time.
- There will be access to the bathrooms.
- Water fountains are not available.
- Please bring a mask for when social distancing is not possible.
- Temperatures and a health screening will be taken prior to each class.

Register Online:  
[ClaytonParks.org/Register](https://ClaytonParks.org/Register)

## En Plein Air Watercolor

Ages 16 & up. Learn new skills or brush-up on watercolor techniques while experiencing the fun of painting outside...en plein air. We'll explore which techniques travel well, how to prep paper with washes and backgrounds before heading out and how to add detail after. We'll also use watercolor sketchbook techniques to capture the world around us and gather information for a future painting. Basic supplies are included. Students should bring a watercolor paper sketchpad (140 lb. paper at least 8x10). Everyone should also bring a water container and paper towels. Our first meeting will be under the "porch" in front of the Community Center. After that, we'll explore other public areas in town. Four-week session. Instructor: Lisa Bailey. Min. 4, Max. 8

Wed. 2:30 p.m. - 4:30 p.m. 9/16 - 10/7

Residents: \$50, Non-Residents: \$75

## Drawing 101

Ages 16 & up. Have you always wanted to draw but don't know where to start? This is the place. If you can sign your name, you can learn how to draw! This class will help you get started and develop techniques to continue to improve your drawings. Particular emphasis will be on learning to look at things with an artist's eye. Basic supplies are included. Students should bring a 16x20 sketch book to use in class. Four-week session. Instructor: Donovan Woods. Min. 4, Max. 8

Wed. 6:00 p.m. - 7:30 p.m. 9/16 - 10/7

Residents: \$40, Non-Residents: \$60

## Drawing Perspectives - Basics

Ages 16 & up. Learn the basics of one and two-point perspective drawing in this beginner class. We'll explore exterior applications with buildings and landscapes and also look at the use of perspective inside with rooms and still life. Learning the basics of perspective is a great way to improve your drawings and paintings. Perspective techniques often provide artists with "lightbulb" moments. Basic supplies are included. Students should bring a 16x20 sketch book to use in class. Four-week sessions. Instructor: Lisa Bailey. Min. 4, Max. 8

Mon. 6:00 p.m. - 7:30 p.m. 9/14 - 10/5

Residents: \$40, Non-Residents: \$60

## Fall Gardening A-Z

Ages 18 & up. Let's dive into the details about how to prepare your garden and start planting in this eight-week class.

Topics include:

- site selection and planning
- understanding soils
- soil fertility and amendments
- bed preparation
- starting seeds
- direct seeding
- GAP/harvesting
- composting
- thinning
- watering
- irrigation systems
- square foot gardening
- crop rotation
- succession planting
- transplanting
- cover cropping
- beekeeping and pollinators
- making season extensions and much more!

This comprehensive class, taught by Johnston County Master Gardeners, is a great place to start if you are new to gardening, new to gardening in the North Carolina climate, or want a refresher course! We'll meet weekly for outdoor classroom instruction and hands-on demonstrations in the garden (weather permitting). All food grown in our teaching garden is donated to our neighbors in need through Clayton Area Ministries.

Wed. 5:30 - 7:00 p.m. 9/9 - 10/28

\$20 Material Fee due at registration



# YOUTH PROGRAMS

## Animal Explorers

Ages 4-6. The animals living in our backyards or in our towns are very different from the animals in other parts of the world. In Snapology's Animal Explorers class, students will learn where animals live and why an animal's habitat is important for survival. Through stories, games, and building animals with DUPLO® blocks, your little learner will be busy exploring biomes of the world while gaining critical social and developmental skills without even realizing it!  
Instructor: Snapology of Wendell. Min. 6, Max. 10

Rabbits, Turtles and Deer

Mon. 10:00 - 11:00 a.m. 9/14

Monkeys, Snakes and More

Mon. 10:00 - 11:00 a.m. 9/21

Residents: \$15, Non-Residents: \$22.50 per class

## Minecraft® Basics

Ages 5-12. Travel to the Nether with Snapology, but watch out for those creepers! Come join us as we bring Minecraft® to life using LEGO® bricks. Create your own world, including animals, creepers and your very own Minecraft® character. Instructor: Snapology of Wendell. Min. 8, Max. 14

Mon. 4:00 - 5:15 p.m. 9/14 - 9/21

Residents: \$30, Non-Residents: \$45

## Escape Snapology

Ages 7-12. Hurry, your team has 60 minutes to discover clues, solve puzzles, answer riddles, and manipulate contraptions in order to complete an assigned tasks to ultimately unlock the door to escape Snapology! The team that escapes the fastest is given ultimate bragging rights...until their record is beaten by a new team! In Escape Snapology, students will play various escape games using their budding S.T.E.A.M. skills; in our longer programs, students will actually have the chance to design and implement their own escape games!

Instructor: Snapology of Wendell. Min. 8, Max. 14

Fri. 4:30 - 7:30 p.m. 10/9

Residents: \$30, Non-Residents: \$45

## Ninja Warriors

Ages 5-12. Sensei Wu needs you! Design a new dojo for Snapology made from LEGO® bricks and train your men to battle with the best. Go through ninja training and earn your black belt, Snapology-style. Get ready to have fun and become a Master Ninja.

Instructor: Snapology of Wendell. Min. 8, Max. 14

Mon. 4:00 p.m. - 5:15 p.m. 10/5 - 10/12

Residents: \$30, Non-Residents: \$45

## Steam Fantasy Workshop

Ages 4-6. In Snapology's Junior STEAM Fantasy Workshop, students will be guided, inspired and challenged to create fairytales of their very own! They will make unique mythical creatures, compete in a magical Wizard Tower Challenge, and even use technology to program their own robotics magic wand in order to help them cast their own spells! Students will utilize traditional fantasy themes and elements of storytelling to guide their play and creation in this magical workshop!

Instructor: Snapology of Wendell. Min. 4, Max. 8

Fri. 10:00 - 11:30 a.m. 10/9

Residents: \$15, Non-Residents: \$22.50

## What are we doing to keep you safe?

- All classes will take place outside, under a covered awning unless otherwise stated.
- There will be access to the bathrooms.
- Water fountains are not available
- Please bring a mask for when social distancing is not possible.
- Temperatures and a health screening will be checked for all participants.

Register Online:  
[ClaytonParks.org/Register](https://ClaytonParks.org/Register)

**How to Train your Dragon**

Ages 5-10. Enter the world of Vikings and dragons in Snapology’s How to Train Your Dragon™ workshop! Throughout this workshop, students will explore the Isle of Berk and the dragons the small Viking village has come to love. Helping Toothless fly, creating a map, and becoming certified dragon riders await your student in this dragon-run fantasy land! Min 8, Max 14

Mon. 4:30 - 7:30 p.m. 10/26

Residents: \$30, Non-Residents: \$45

**VIRTUAL Safe Sitter**

Ages 11-14. Do you feel ready to stay home alone, watch your brothers and sisters while your parents are gone or babysit for younger children? Then maybe it’s time for Safe Sitter®. Safe Sitter® prepares students to be safe when they’re home alone, watching younger siblings or babysitting. Students learn life-saving skills, such as how to rescue someone who’s choking, and helpful information such as what to do if there’s severe weather. Lessons are filled with fun activities and role-playing exercises.

A student handbook and completion card will be sent to each participant. This class will be virtual. Instructor: Joni Hubble-Zeneberg. Min. 4, Max. 8

Sat. 9:00 a.m. – 2:30 p.m. 9/26

Residents: \$30, Non-Residents: \$45

**Family Bingo**

Tune in to old-fashioned family fun! Gather your friends and family for our Family Bingo. Prizes will be awarded to the winner of each game. Please bring your own highlighter or bingo daubers. Feel free to bring any snacks and refreshments for your family! Advance registration is required. Limited to the first 24 people.

Fri. 6:00 – 8:00 p.m. 9/25

FREE

**Bag Chair Bingo**

Ages 55 & Better. Are you ready to yell BINGO again? Look no further Bag Chair Bingo is here! See if you can be the first one to fill the board, make a diagonal, or complete whichever shape is the goal for each round. Come ready to play and win prizes while being socially distant. Please bring your own lawn chair and highlighter or bingo dauber. Advance registration is required. Limited to the first 24 people.

Fri. 1:00 – 2:30 p.m. 9/25, 10/23

FREE

**Clayton Youth Council**

The Clayton Youth Council (CYC) is a volunteer organization made up of teens from a variety of high schools in Johnston County. The Council serves as an opportunity for teenagers to share in civic engagements, leadership opportunities, community service, recreational outings, fundraising events and participate in special events such as State Youth Council Conferences.

If you are a teenager looking for an opportunity to develop your leadership skills, meet new friends, gain volunteer hours or just want to make a valuable difference in your community then join the Clayton Youth Council.

Meetings take place on the first Monday of every month during the school year (September – May). All meetings take place at 7:00 p.m. and will be virtual until further notice. Members are welcome to join at any time by registering online.

Mon 7:00 p.m. – 8:00 p.m. 9/14, 10/5, 11/2, 12/7, 1/4, 2/1, 3/1, 4/5, 5/3

Membership: \$15

For questions, contact CYC Advisor Joni Hubble-Zeneberg at [atzeneberg@TownofClaytonNC.org](mailto:atzeneberg@TownofClaytonNC.org)



# YOUTH & ADULT ATHLETIC PROGRAMS

## USTA Under 10 Tennis

Under 10 Tennis starts the pathway for children of all ages and abilities to develop an active lifestyle through the sport of tennis. These lessons will teach children the necessary skills of hand-eye coordination, technical footwork, fundamental strokes, and racket control.

Four-week sessions.

Instructor: Foster Evans and Olivia Schmincke

Level I Ages 5 – 7

Tues. 6:00 - 6:45 p.m. 9/15-10/6

Tues. 6:00 - 6:45 p.m. 10/20-11/10

Level I Ages 8 – 10

Tues. 6:00 - 6:45 p.m. 9/15-10/6

Tues. 6:00 - 6:45 p.m. 10/20-11/10

Resident: \$30, Non-Resident: \$45

## Beginner Tennis

Beginner Tennis introduces teens and adults to an active lifestyle through the sport of tennis.

Four-week sessions. Instructor: David Chiu.

Level I

Learn hand-eye coordination, technical footwork, fundamental strokes and racket control.

Ages 11 – 15

Tues. 6:00 - 7:00 p.m. 9/15-10/6

Tues. 6:00 - 7:00 p.m. 10/20-11/10

Ages 16 & up

Wed. 6:00 - 7:00 p.m. 9/9-9/30

Wed. 6:00 - 7:00 p.m. 10/14-11/4

## Baseball & Softball Skills Challenge

Ages 7 - 14. Co-ed. Come out and show off your skills in this baseball and softball themed competition. Participants will compete in several hitting, running and throwing contests against other kids their age. There is no charge to compete, pre-registration required.

East Clayton Community Park- 1774 Glen Laurel Road

Sat. 9:00 a.m. 9/12

FREE

## Football Skills Challenge

Ages 7 - 14. Co-ed. Come out and show off your skills in this football themed competition. Participants will compete in several passing, kicking and running drills against other kids their age. There is no charge to compete but you must pre-register.

East Clayton Community Park- 1774 Glen Laurel Road

Sat. 9:00 a.m. 9/26

FREE

## Family Game Night

Join us for drop-in Family Sports! We will provide all the equipment and a tutorial on how to play if needed. Feel free to come any time from 5:00 - 7:00 p.m. Temperatures will be taken for all participants. Pre-registration is not required.

Cornhole - Clayton Community Center

Mon. 5:00 - 7:00 p.m. 9/14 - 9/28

Bocce - Clayton Community Park Bocce Courts

Wed. 5:00 - 7:00 p.m. 9/9 - 9/30

Disc Golf - Clayton Community Center

Thurs. 5:00 - 7:00 p.m.. 9/10 - 9/24

FREE



Register Online:  
[ClaytonParks.org/Register](http://ClaytonParks.org/Register)